

FREEDOM



FREEDOM

SESSION 1

His Pain, Your Gain

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His Pain, Your Gain

1. Your hurt is not too _____ for Jesus to _____.

Luke 4:18-19 "The Spirit of the Lord is on Me, because He has **anointed** Me to preach good news to the poor. He has sent Me to proclaim liberty to the captives and recovery of sight to the blind, to release the oppressed, **19**to proclaim the year of the Lord's favor."

2. You must be willing to do the _____ if you want to walk in freedom.

- _____ did His work. (Romans 7:24, Romans 8:21, John 8:32 & 36)
- _____ is doing His work. (Jn 14:15-26, 16:7-13, 2 Pet 1:3, Rom 8:26, 2 Cor 3:17)
- _____ have to do our work. (Exodus 14:29, Hebrews 11:29, Philippians 2:12-13)

What is FREEDOM?

*Walking with God _____, _____ & _____
because of the work of Christ on The Cross.*

Romans 5:6-8, Colossians 2:13-15, Isaiah 44:22, 1 Peter 1:19, Psalm 103:12, Isaiah 43:25

Colossians 2:13-15 When you were dead in your transgressions and the uncircumcision of your flesh, He made you alive together with Him, having forgiven us all our transgressions, **14**having **canceled the debt** ascribed to us in the decrees that stood against us. He took it away, nailing it to the cross! **15**And having **disarmed the powers and authorities**, He made a public spectacle of them, triumphing over them by the cross.

Our transgressions are _____ & _____ !

Satan is after the “_____ **of God’s Salvation!**” in your life. (Jn 10:10, Ps 51:12)

Galatians 5:1 It is for freedom that Christ has set us free. **Stand firm, then**, and do not be **encumbered** once more by a **yoke** of slavery.

ENCUMBERED - [enéchō] _____

YOKE – [zygós] = _____

“God **saves** us, but He doesn’t give us ‘**Holy Amnesia**’!”

Man is made up of 3 parts. **B**_____, **S**_____ and **S**_____.

Genesis 2:7 And the LORD God formed man of the dust of the **ground** (**BODY**), and breathed into his nostrils the **breath** (**SPIRIT**) of life; and man became a living **soul**. (**SOUL**)

1 Thessalonians 5:23 Now may the God of peace Himself sanctify you completely (**wholly**); and may your whole spirit, soul, and body be preserved **blameless** at the coming of our Lord Jesus Christ.

- Our Spirit **IS** saved Salvation
- Our Soul is **BEING** saved Sanctification.
- Our Body **WILL BE** saved Glorification

Philippians 2:12-13 “...continue to **work out** your salvation (**Sanctification**) with fear and trembling.

Romans 12:2 Do not conform any longer to the pattern (**impressions**) of this world, but be transformed by the renewing of your mind.

Israel was delivered from Egypt's _____,
but they still needed to be delivered from the _____
that 400 years of slavery made on their hearts and minds.

Our pain produces patterns of **belief** and **behavior** that affect the way we:

- Receive _____
- React to _____

TRANSGRESSION – Sin of the **hand** (*The external Manifestation*) – **Action**

INIQUITY – Sin of the **heart** (*The internal Motivation*) – **Attitude**

Psalm 32:5 I acknowledged my sin to You, and my **iniquity** I did not hide; I said, "I will confess my **transgressions** to the LORD"; And You forgave the **iniquity** of my sin.

*"This is a Psalm of Repentance,
but it is also the song of a **ransomed soul rejoicing** in the wonders of the grace of God.
Sin is dealt with; sorrow is comforted; ignorance is instructed."* – (G. Campbell Morgan)

Isaiah 53:5 But he was **pierced** for our transgressions, he was **bruised** for our iniquities; the punishment that brought us peace was on him, and **by his wounds** we are healed.

The "External Wounds" Jesus endured takes care of our _____.

The "Internal Wounds" Jesus endured take care of our _____.

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Confession and Repentance

Confession is simply _____ but it carries with it the implication of a change of _____ or of course of _____ on the part of the person/one confessing.

Repentance is the _____; the _____ to God.

Repentance has two prerequisites:

- to turn _____
- to turn _____

Confession and Repentance is a _____.

It's a spiritual practice and _____.

Proverbs 28:13 Whoever conceals their sins does not prosper, but the one who confesses and renounces them finds mercy.

Psalm 32:5 Then I acknowledged my sin to you and did not cover up my iniquity. I said, "I will confess my transgressions to the Lord." And you forgave the guilt of my sin

Acts 3:19 Repent, then, and turn to God, so that your sins may be wiped out, that times of refreshing may come from the Lord.

Confession is a powerful practice in walking out our Freedom. Take time now to write out your confession to the Lord.

What is one thing the Lord would have you do differently/change this week? Confess, repent and DO IT!



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SESSION 2

Hold That Thought!

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Hold That Thought!

What is FREEDOM? _____

SANCTIFICATION – _____

Exodus 20:5-6 1And God spoke all these words: 2“I am the LORD your God, who brought you out of the **land of Egypt**, out of the **house of slavery**. 3You shall have no other gods before Me. 4You shall not make for yourself an idol in the form of anything in the heavens above, on the earth below, or in the waters beneath. 5You shall not bow down to them or worship them; for I, the LORD your God, am a jealous God, for I, the LORD your God, am a jealous God, visiting the **iniquity** of the fathers on their children to the third and fourth generations of those who hate Me,

INIQUITY – [‘avon] > [‘avah] = _____

Exodus 1:14 Egypt made their lives **bitter** with hard service in mortar and brick and in every kind of field labor. They were ruthless in all the tasks that they imposed on them.
Exodus 3:7 Then the Lord said, “I have observed the misery of my people who are in Egypt; I have heard their **cry** on account of their taskmasters. Indeed, I know their **sufferings**,
Exodus 6:9 Moses shared God’s promises with to the Israelites; but they would not listen to Moses, because of their **broken spirit** and their cruel slavery.

Where do our “bends” come from? N_____ & N_____.

Romans 12:2 Do not conform any longer to the pattern (**impression**) of this world, but be transformed by the renewing of your **mind**.

Transformation begins in our _____.

1 Peter 5:8 Be alert and of sober mind. Your enemy the devil **prowls around** like a roaring lion **looking** for someone to devour.

The Devil _____ His Lies.
The Devil _____ His Lies.
The Devil _____ His Lies.

Hebrews 12:1-2 **1**Therefore, since we have so great a cloud of witnesses surrounding us, let us also lay aside every **encumbrance** and the sin which so easily **entangles** us, and let us run with endurance the race that is set before us, **2** fixing our eyes on Jesus, the author and perfecter of faith, who for the joy set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.

ENCUMBRANCE – [ogkos] > [agkale] > [agkos] = _____

2 Corinthians 2:3-6 For though we walk in the flesh, we do not war according to the flesh. For the weapons of our warfare *are* not carnal but mighty in God for **tearing down** **strongholds**, **scasting down arguments** and every high thing that exalts itself against the knowledge of God, and we take captive every thought to make it obedient to Christ, and being ready to punish all disobedience when your obedience is fulfilled.

3 Definitions for STRONGHOLD...

1. F _____
2. P _____
3. T _____

A fortress is a place that we perceive as “_____”.

Proverbs 18:10 The name of the LORD is a strong tower; The righteous run to **it** and are safe.

A **STRONGHOLD** is a 'train of thought' and our minds are like Grand Central Station. There are 'trains of thought' pulling in and out ever second. Our destination or 'destiny' is determined by which train we choose to get on.

The enemy wants to keep us _____
by the negative "trains of thought".

How do I tear down strongholds?

1. Call upon and run to _____.

2 Corinthians 2:4 For the weapons of our warfare *are* not carnal but **mighty in God** for tearing down strongholds,

Proverbs 18:10 The **name of the LORD** *is* **MY** strong tower; **I** will run to it and be safe.

Psalms 27:1 The LORD is my light and my salvation; whom shall I fear? The **LORD is the stronghold** of my life; of whom shall I be afraid? ESV

2. _____ deal with every lie

2 Corinthians 2:5 "... **casting down arguments** and every **high thing** that exalts itself against the knowledge of God, and we **take captive every thought** to make it obedient to Christ, **and** being ready to punish all disobedience when your obedience is fulfilled.

3. Replace The Lies with _____

Romans 12:2 Do not conform any longer to the pattern (**impression**) of this world, but be **transformed by the renewing of your mind**.

Philippians 4:8 Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things.

Psalm 139

1 LORD, you have examined my heart and know everything about me.
2 You know when I sit down or stand up. You know my thoughts even when I'm far away.
3 You see me when I travel and when I rest at home. You know everything I do.
4 You know what I am going to say even before I say it, LORD.
5 You go before me and follow me. You place your hand of blessing on my head.
6 Such knowledge is too wonderful for me, too great for me to understand!
7 I can never escape from your Spirit! I can never get away from your presence!
8 If I go up to heaven, you are there; if I go down to the grave, you are there.
9 If I ride the wings of the morning, if I dwell by the farthest oceans,
10 even there your hand will guide me, and your strength will support me.
11 I could ask the darkness to hide me and the light around me to become night—
12 but even in darkness I cannot hide from you. To you the night shines as bright as day. Darkness and light are the same to you.
13 You made all the delicate, inner parts of my body and knit me together in my mother's womb.
14 Thank you for making me so wonderfully complex! Your workmanship is marvelous—how well I know it.
15 You watched me as I was being formed in utter seclusion, as I was woven together in the dark of the womb.
16 You saw me before I was born. Every day of my life was recorded in your book. Every moment was laid out before a single day had passed.
17 How precious are your thoughts about me, O God. They cannot be numbered!
18 I can't even count them; they outnumber the grains of sand!
And when I wake up, you are still with me!
19 O God, if only you would destroy the wicked! Get out of my life, you murderers!
20 They blaspheme you; your enemies misuse your name.
21 O LORD, shouldn't I hate those who hate you? Shouldn't I despise those who oppose you?
22 Yes, I hate them with total hatred, for your enemies are my enemies.
23 Search me, O God, and know my heart; test me and know my anxious thoughts.
24 Point out anything in me that offends you, and lead me along the path of everlasting life.

1. Where do I run when life _____?

2. What is the Holy Spirit speaking to me?



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SESSION 3

Upright & Ready to
Reflect

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Upright And Ready To Reflect

FREEDOM = *Walking with God upright, healed & whole because of the work of Christ on The Cross.*

READ – 2 Corinthians 3:17

The Robber Wants To Rip Of Your _____!

God has always required someone “reflect” His Glory.

1. _____ **In Heaven** – Isaiah 14, Ezekiel 28

2. _____ **in Eden** – Genesis 1:26-27

3. _____ **in Holy Of Holies** – Exodus 28:15-30

4. _____ **To The Jews** – John 1:14, Isaiah 28:16, Hebrew 1:3, 4:14, 9:12

5. _____ **upon the Earth** – 1 Peter 2:4-5, Romans 12:1, 2 Corinthians 3:18

Satan's Top Two Tactics For Tripping Up The Saints

1. L _____

John 8:44 He was a murderer from the beginning, refusing to uphold the truth, because there is no truth in him. When he lies, he speaks his native language, because he is a liar and the **father of lies**.

2. O _____ (2 Tim 2, James 1, Prov 19:11, Eph 4, Matt 5, Gen 4:, Prov 10:12, Heb 12:14-15)

Luke 17:1 Then He said to the disciples, "*It is impossible that no **offenses** should come*, but woe to him through whom they do come!".

OFFENSE - [skándalon'] = _____

Proverbs 19:11 Good sense makes one slow to anger, and it is his glory to overlook an offense.

Offense > _____ > Resentment > _____ > Hate > _____

READ Genesis 4:2-8

How To Stay Upright And Ready To Reflect

1. _____ Your Offender

Proverbs 19:11 Good sense makes one **slow to anger**, and it is his glory to **overlook** an offense.

2. _____ Your Anger

Ephesians 4:26 "In your **anger** do not sin" Do not let the sun go down while you are still **angry**, **27** and do not give the devil a foothold.

- _____ it.
- _____ it.
- _____ of it.

3. _____ Your Resentment

Proverbs 27:3 A stone is heavy and sand is weighty, but the **resentment** caused by a fool is even heavier.

- You _____ the person.
- You _____ the person.
- You _____ the person.

4. _____ Your Bitterness – Matt 3; 27:34, Acts 8, Lk 23:24, Micah 6:8

Ephesians 4:30-32 And do not grieve the Holy Spirit of God, in whom you were sealed for the day of redemption. **31**Get rid of all **bitterness**, rage and anger, outcry and slander, along with every form of malice. **32**Be kind and tenderhearted to one another, forgiving each other just as in Christ God forgave you.

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Upright And Ready To Reflect

Psalm 66:16-20 Come and listen, all you who fear God, and I will tell you what he did for me. For I cried out to him for help, praising him as I spoke. If I had not confessed the sin in my heart, the Lord would not have listened. But God did listen! He paid attention to my prayer. Praise God, who did not ignore my prayer or withdraw his unfailing love from me.

Lord, I have not **forgiven** _____.

Lord, I **acknowledge** my anger towards _____.

Lord, I recognize my **resentment** in how I have.

- _____
- _____
- _____

Lord, show me ways to “beat down” this **bitterness** in my heart.

- _____
- _____
- _____

Matthew 11:28-30 Then Jesus said, “Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls. For my yoke is easy to bear, and the burden I give you is light.”



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SESSION 4

Love Mercy, Be Happy

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Love Mercy, Be Happy!

Micah 6:8 God has shown you, O mankind, what is good. And what does the LORD **require** of you but to act justly, to **love mercy**, and to walk humbly with your God?

Matt 5:7 "**Blessed** are the merciful for they shall receive mercy".

BLESSED = _____

Mercy makes you _____.

Why does Mercy bring **BLESSING**?

1. Mercy is _____ – Exodus 25:22, Heb 4:16, Gen 3:22, Lev 16:14

God wants to _____ with His mercy.

2. Mercy is _____ – Eph 2:4-10, Rom 6:23, Heb 4:16, Lam 3:19-23

God's mercy is _____ and _____.

3. Mercy is _____ – Jonah 1:1-3, Romans 12:1, Colossians 3:13

Showing mercy gives people the opportunity to meet with God.

Showing Mercy is always a _____. – Romans 12:1

Proverbs 11:17 The **merciful** man does himself **good**, But the cruel man does himself **harm**.

HARM – [ˈakar] = _____

READ Matthew 6:9-30

10,000 talents is equivalent to roughly **\$7.5 Billion** today.
It would take someone 150,000 years at **\$50K per year** to pay off this debt.
Jesus is describing a debt that cannot be repaid.
Ultimately, It is a picture of our sin and our need for forgiveness.

There is nothing wrong with _____ for Mercy!

Psalm 28:2 Hear my cry for mercy as I call to you for help, as I lift up my hands toward your Most Holy Place.

Psalm 143:1 O LORD, hear my prayer, listen to my cry for mercy; in your faithfulness and righteousness come to my relief.

Psalm 6:9 The LORD has heard my cry for mercy; the LORD accepts my prayer.

Psalm 31:22 In a panic I cried out, "I am cut off from the LORD!" But you heard my cry for mercy and answered my call for help.

Why do we fail to show mercy?

1. We're _____ for the mercy we receive.

An ungrateful man is like a hog under a tree eating acorns,
but never looking up to see where they come from.
Timothy Dexter (18th century business man)

2. We don't truly believe that mercy is _____.

Ephesians 2:4-10 But God, being rich in mercy, because of His great love with which He loved us, **5** even when we were dead in our transgressions, made us alive together with Christ (by grace you have been saved), **6** and raised us up with Him, and seated us with Him in the heavenly places in Christ Jesus, **7** so that in the ages to come (forever) He might show the surpassing (forever) riches of His grace in kindness toward us in Christ Jesus.

Matthew 18:34 And his master was angry, and delivered him to the torturers until he should pay all that was due to him. **35** So also my heavenly Father will do to every one of you, if you do not forgive your brother from your heart."

Unforgiveness gives the enemy a _____ in our lives.

Forgiveness requires:

1. H _____

2. A _____ (The formal act of liberating or releasing someone)

Colossians 2:14 "... God has canceled out the certificate of debt consisting of decrees against us, which was hostile to us; and He has taken it out of the way, **having nailed it to the cross.**"

Micah 6:8

He has shown you, O man, what is good; And what does the LORD require of you But to do justly, To love mercy, And to walk humbly with your God? - **NKJV**

He has told you, O man, what is good; And what does the LORD require of you
Except to be just, and to love [*and to diligently practice*] kindness
(compassion), And to walk humbly with your God [*setting aside any overblown
sense of importance or self-righteousness*]? - **AMPLIFIED**

⁸ But he's already made it plain how to live, what to do,
what GOD is looking for in men and women.
It's quite simple: Do what is fair and just to your neighbor,
be compassionate and loyal in your love,
And don't take yourself too seriously —
take God seriously. - **The Message**