

# {sōma} church

## Interested in leading a **LifeGroup**?

### **What is a Life Group?**

Life Groups are smaller gatherings of people learning to live their lives for Jesus, just like you!

### **Am I qualified to lead one?**

- Are you an active Covenant Member having completed PHYSIOLOGY?
- Are you committed to the Vision & Values of SomaChurch and actively involved?
- Is your faith in Jesus genuine and growing?
- Are you committed to prayer?
- Do you have a desire to see others learn to live their lives for Jesus?
- Are you able to relate to people and respond to their need with care?
- Are you willing to manage conflict should the need arise?
- Are you able to fill out a LifeGroup Leaders Application and turn in back in?

### **What would I be doing?**

A LifeGroup Leader is like an 'under-shepherd'; helping Soma Leadership care for those in our congregation. Things like:

- **Pray regularly** for Soma Leadership and for everyone in your group.
- **Invite and welcome new people**, inside and outside of SomaChurch, to visit your group and encourage your group members to do the same!
- **Stay in communication** with your group about stuff going on and follow up with visitors.
- **Create an atmosphere** where people can make friends, grow in their faith & have fun.
- **Share the leadership** and responsibilities with others in the group.
- **Identify and strengthen leaders** so they can eventually lead a group, too!
- **Work toward multiplying** your group.
- **Maintain unity** by representing the Vision, Values and Theology of SomaChurch.
- **Attend LifeGroup Leadership Trainings** for accountability, encouragement & Growth.

## What does a gathering look like?

Almost anything you can envision that will create a safe place where people can talk about life! A few components that are a must for every time you meet are:

### Encouragement

Be a source of strength and promote hope and purpose to those in your group.

### Scripture

The Word of God is the foundation for everything you do. Put it at the top of the list!

### Prayer

This must be a priority for your group. Nothing meets the need & gets a group like prayer!

### 'Next Steps'

Point people to resources and share growth opportunities based on their needs.

## Anything else I should know?

Yes! If you feel inspired to lead a SomaChurch LifeGroup, It's important to understand that:

- 1. You'll have to own the vision for your group!** It's up to you to clearly communicate what your group is about and what everyone can expect as well as promote Soma's overall Vision for LifeGroups. In other words, communication will be a very important component to the success and health of your group. Don't worry... we'll help you get really good at that. 😊
- 2. You're gonna' have to invite people!** If you want people in your group, you are the one who will have to get them there. Eventually, your group will also be inviting others from inside and the outside of the church, but at first, it's up to you! Don't worry... we'll give you some tools to help with that, too. 😊
- 3. You can't count on curriculum to create community!** Content and context may be what catches people, but it's not what keeps people. The safe and life-giving environment that you foster will be what motivates people to continue coming.

## Okay! Yeah, I might be interested. What is the next step?

- 1. Fill out a LifeGroup Leader Application. Follow link provide by Joe Matthews.**

*Someone will contact you to go over your application for final approval on leading a LifeGroup for SomaChurch.*

- 2. We will have a LifeGroup Training** upcoming in the future to provide orientation to the process of leading a LifeGroup.
- 3. Pray and ask the Holy Spirit to confirm that this is the season for you to lead a group.**